



Lois Tobin, RN MSN FNP-BC  
conscious care | wholistic wellness

### **CANCELLATION POLICY:**

In order to provide the best service to all, and respect one another's time, please note that **at least 24 hours minimum notice** is requested for an appointment **cancellation or re-schedule**. Please understand these times are booked in advance - held exclusively for you - and a **\$25 fee is incurred if a minimum of 24 hours is not given**. Lois understands occasional circumstances or emergencies arise and will provide mutual cooperation the best she can.

### **If Lois cancels a Workshop / Event / Session**

Lois reserves the right to cancel any Workshop / Event / Program at any time, as emergencies and illness can occur for all. In the unlikely event a Workshop itself must be cancelled, all money will be refunded. You may also opt to transfer funds into another workshop, service(s) or programs taking place in the same one-year time period as the canceled event, subject to availability.

### **RESERVATION POLICIES:**

Please note payment is expected at the time of service. For in-person Wellness Workshops, where the number of participants is limited, advance reservation and payment is required to reserve your spot. Since some Workshops and Program Series fill quickly, it is advisable to sign up as early as possible. In order to reserve a spot in any event, Lois requires full payment or the deposit amounts detailed in each Workshop or Event announcement.

### **MEDICAL CONCERNS:**

For medical concerns of any kind, please let Lois know ahead of your scheduled appointment so you may discuss and make any appropriate adjustments. Note that prior to any service, Lois will ask for a brief medical background, and to see whether you have any physical limitations or injuries that would prevent or hinder sitting or lying down comfortably for any service. In all instances, every effort will be made to accommodate conditions, including Lois potentially traveling to a client if possible.

With the exception of one energy healing therapy - *Prema Birthing* - all of Lois's services are suitable for pregnant women. If you are pregnant, or think you could be pregnant, please let Lois know.

*\*Energy healing does not take the place of traditional medical treatment when necessary, and one should not discontinue medical treatment without the advice of a doctor.*

### **CHECK-IN:**

**For in-person workshops or sessions, plan to arrive 10 minutes ahead of your scheduled appointment** and plan accordingly in inclement weather so you can get settled and relax more easily. This is especially important for Wellness Workshops so that everyone can get settled in a timely manner and we can begin on time.